

CERTIFICATE OF PARTICIPATION

This is to certify that

Liezl du Plooy

Has successfully participated & completed the

12km Opti-Trail - Grabouw

held at Trails End .

TIME 01:09:31

PACE 05:46/km

GENDER 1 of 2

OVERALL 1 of 4

14 - 19 1 of 1

09 November 2019, Sat

Date



BoutTime

Signature

